



GOOD DECISION BLUEPRINT

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Congratulations!

You have made a **GREAT CHOICE.** Here are some instructions for how to use your “Good Decision Blueprint” gift from Professor G. Tune in to Ask Professor G Live on IG @thegypsyprofessor each Wednesday for more tips and send your questions to crystal@askprofessorg.com





Good Decision Blueprint

This Blueprint is the beginning guide to help you identify what are the underlying factors affecting the decisions that you make, and provides the outline of our system that helps people from all over the world to **GET CLEAR** on what they want, **MAKE POWERFUL DECISIONS** that move them toward their **LONG TERM GOALS**, and **ENJOY THE PROCESS** of **CREATING THEIR DREAM LIVES** along the way.

Part one of this blueprint outlines the six most important areas to consider in our overall system to set yourself up for successful choices throughout your life. The second part walks you through a series of questions to ask about the decisions you have to make along the way. Once you have done the initial work in part 1, you can come back to part 2 any time you get stumped on what to choose next.

Who am I & Why I share this Blueprint



Hi! I am
Professor G.

I have been teaching subject matters like finance and economics at a college level for more than twenty years now. But what I noticed throughout all of that is what I really did was teach students. And through teaching, I have learned how to initiate useful and helpful behaviors, foster powerful decision making that makes harder tasks more effortless, and help students gain confidence for the choices they are making with their lives.

Through 20 years of studying behavioral economics I have learned exactly how to teach anyone to make better choices for their long term goals while enjoying the life they live along the way. Starting with myself and my own desires as a young 20 year old, I made a choice. I was a young mom. Already married with plenty of "others" to please before it got to be my turn. I still had parents I felt I had to please in some way since I had already "let them down" by getting pregnant at 17. A pastor's daughter in a small town in Appalachia, dating the pastor's son from the biggest church in town. I was their way out, their rising star...their hope in a better life for all of us.

I was not like anyone else I knew. I loved God so deeply and because of this I was very devout to our religion. But the harder I tried to be "good" and the more I studied the Bible they told me was the only written truth of God, the more the beliefs "they" taught me did not make sense. I had questions. SO MANY QUESTIONS.

I remember being twenty years old and I had drawn out some well-researched conclusions that we are the creators of our own realities, and we can even speak them into existence. I had proof from several old texts, modern books and examples. Even Science was in the early stages of beginning to support this truth. But more importantly, I found evidence throughout the very Bible they claimed as the only truth. I presented to one of the elders of the church, and to my pastor. Each of them dismissed it as if none of that mattered, and life is simply submission to "God's Will."

“You’re taking this out of context, Crystal” are the words that still ring in disapproving tones in my ears sometimes to this day.

But I remember the day I heard the whisper of my own voice calling out.

“But what about my will?” I would ask...

I truly wanted to know who gets to decide all these things that are now “God’s Will” and began to study to answer this question....but only secretly and to myself because they would have called that blasphemy and I would be condemned to Hell forever for that kind of questioning.

So I remained silent. But secretly I had a plan. I was going to shape my reality to be different. Different from all of the rules and arbitrary ways “they” said I must live in order to be “saved” from eternity in hell. Different from the constraint from and fear of learning beyond what we think we know to be true into a life of truth and exploration. Different from the shameful sinner they told me I was into the divine being of wisdom I now know myself to be.

It wasn’t until I was thirty years old that I made my way out. I studied, and I made a wonderful life from the circumstances I was playing with until then. But finally the day came when my reason to leave was bigger than my need to stay safe or be “good” according to anyone’s standards.

It felt like a flight for my life, and my babies, now 6 and 12. I knew then that if I stayed in this way of being, I was teaching them to follow the same patterns. And all of my life since 17 had been about making the best life possible for them. It was my reason to stay until it became my reason to leave.

This “reason” is one of the key catalysts we use in my programs now to initiate behavior change, guide students to expanding their life visions, and being their number one cheerleader as they soar beyond anything they ever imagined. I have even been super blessed to be able to help my own son (now 20) in this way this very year.

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Make your “reason” for anything powerful enough and you can literally move mountains to get to what you want.

When I reached my “reason to leave”, no one else could have possibly advised me during this time on what was best for me. The steps I took didn’t always make logical sense to everyone else, but deep inside I knew my truth.

I had to take some really BRAVE leaps, go against what everyone, including my family, wanted and thought was best for me, and TRUST MYSELF to know the path I was taking was the best for me and my young boys.



Good Decision Blueprint

It is with this same passion and fury that I embarked on a journey to offer my own life lessons, expertise, and expansion experiences now. If I can spark a light inside someone who let's go of the old paradigms and ways of thinking and opens into a life more joyful, fulfilling, and satisfying, then I have hit a home run. The coolest part, I have the systems, tools, and wisdom to guide you though this so you can not only feel confident **DURING** our time together, but also when you spread your wings and fly on your own. Independence doesn't have to mean life is hard. Forget whatever you have been told until now and **CHOOSE** for yourself what your life will be. Starting with one small step. Complete this guide fully and keep the commitments you make to yourself. I promise you, your life will improve for doing so.

I am here.

I am here to see you.

I am here to help you see you.

I am here to guide you to take the bold steps life asks of you with confidence.

I am here to connect you with those who can help you expand your journey.

I am here to cheer you on every step of the way.

I am here with you as you take the first step.

I am here to help you get paid to be you.

I am here to see you.

I am here.

Good Decisions Blueprint

Part 1.

Complete this section entirely one time, and come back to it quarterly to add anything new that comes up for you. This is an ongoing document so save it in your records to revisit often. If you want more clarity, insight and confidence, you can order the "Big Decisions Blueprint" to guide you as you dive more deeply into this work. www.askprofessorg.com/bdb

The Six-Part Magic Cloak of becoming
a powerful decision maker...

OPEN IF YOU DARE.



Part II

Great job completing part 1. You now have more insight into who you are and how the right decisions can support your life journey. Now it is time to get some support around the actual decision making process. This simple survey can help you filter out what is not for you and get more clear on what could be for you instead. Let's get to it.

Complete this process for each new focus area to help guide you to your decisions. If you are choosing among more than one option, use this separately for each and see which is the best for you once you have completed the process for each. I often choose a "top three" from a gut feel and if necessary a "top three" from another goal (like profits, etc.) when choosing among many options. Consider this process a filtering system. If at any point in your process you get to a clear "no" you can stop and consider another option. YOU determine the threshold for a "No" On big decisions, I require a 9 or 10 to move forward. On small things, I may allow a 6 or 7 because I just want something done. Choose your "yes" threshold before you begin...

NOTE: *If you consistently choose a threshold of "5" and you want to improve your life, one way would be to wait for choices that reach "6" and so on until your life naturally gets more and more epic. If you find yourself slipping and getting more relaxed, just notice if your life is improving. If not, increase the standards for your choices. Only you get to decide how amazing, or not, you want your life to be.*

What is the decision I am considering right now?

How did this decision become an option?

What do I already know about the options?

Now follow this survey for each option. In this entry level program you will focus on three areas key to your decision-making process. Check our ever-growing suite of resources to latest releases and to go deeper in your journey to the best life for you.

FEEL/BELIEVE: The first thing you need to understand when you want to make a decision, is you have an internal guidance system that helps you know what is and is not for you. Sometimes, extreme fear from programming hidden inside us can override positive aspects of a choice. Pay attention when you are asking from a place of power versus a place of fear. When you feel calm and clear, answer the survey and notice your true answer. It is okay to be where you are with something. You are not crazy. Intuition is real and it shows up in our feelings quite often. You've got this.

How do you currently **feel** when I think about choosing this option?
What do you currently believe?

1. Absolutely terrified. I am sure I will fail.
2. Very nervous. I don't know if I can do this.
3. I don't know if I can do this but I really want to
4. I wish I could make this true.
5. I honestly have no idea at all.
6. I hope I can make this work. It seems cool.
7. I really want this to work so maybe?
8. I feel like with the right efforts I can make it my reality
9. I feel certain that this is the right choice and I know I can do it.
10. Nothing can stop me. This is my destiny

___Based on how it feels, this choice is a "yes" to me

___Based on how it feels, this choice is a "no" to me

ALIGNMENT: The second thing to consider when making a choice is how it aligns with all the goals and values you have claimed are important to you in part 1. It is okay to upgrade your list of values when you notice something else is important to you that you didn't notice before. You do not have to have all the answers now. The more you learn about yourself the more powerful this simple process will be for you. For this portion of the survey, answer from the "you" that you now understand yourself to be. No one in the entire solar system can tell you better than you what you truly want. Will you let yourself listen? Let's see how this choice aligns with what you care about and your long term goals.

How does this choice align with what is important to me as I identified in part 1?

1. This choice will definitely pull me away from the things I say I care about and off track
2. This choice is not very aligned and probably will not be a good outcome
3. I doubt this choice matches up with much of what I care about
4. I feel like this might align but I can't really see how
5. I don't see a misalignment, but I am not sure if it aligns
6. I kind of think it does align in some ways with what I want
7. I feel pretty sure this choice could help me reach my goals
8. I am certain this aligns, but not sure if it is the best way to reach my goals
9. I am absolutely certain this aligns and it is a strong contender
10. This is for sure the best choice for me for everything I care about.

___Based on aligning with my values, this choice is a "yes" to me

___Based on aligning with my values, this choice is a "no" to me

LOGIC: While science has now proven that we “know” with our heart energy briefly before the brain “knows” something, we must always still take into account the logic of any decision. If something is likely to cause harm to another or yourself, it is often a quick and easy “no” choice. But then there are those sticky choices that require us to consider if something really can and will make sense. This ranking system is a starting point for you to determine if something “makes sense” to you or not. There are many areas to look at before you answer. Here is a short list of some things to consider.

How much does it cost? Is this something I can afford or am willing to find a way to afford?

Will the gains from this choice be enough that I will be happy with the costs?

Is this choice the best way to approach this desire that I have?

Once you have considered these, complete the logic part of the survey.

Is this choice the best logical way for me to approach this issue?

1. Definitely not. This is a terrible idea and an easy “no”
2. I don’t think this is the best idea I have for this.
3. I doubt this is the best approach but I don’t have many other options
4. I don’t know how I would tell if this is a good approach
5. I think this approach is probably the same as some other options I have
6. This approach seems to make sense to me.
7. I have looked at the options and this is definitely a viable one
8. The outcome of this choice is likely to support my desires
9. For sure this outcome will support my goals for this choice and maybe there are others also
10. Absolutely. This is the choice for me “on paper.” There is really no reason to question it.

___Based on logical thinking, this choice is a “yes” to me

___Based on logical thinking, this choice is a “no” to me



Now tally your yes's and no's. What are the points. If you have several options for this choice, rank your favorite 3 or 5. When you have reached your decision, take immediate and meaningful action, however big or small, to secure this choice into reality.

If it is not a "Hell Yes!". It is a "No"

If you do not get a "yes" on all three levels, this is likely not the best choice for you so be patient and keep researching. The answer will provide itself if you stay ready.

If you get a "yes on all three areas, this is a "hell yes" and it can definitely be considered in your top choices. Use the points system to help guide you further for which choice is the best for you. Come back anytime you need help with a new decision. Happy life adventure to you.

Let us know how you choose and what outcomes life has for you in your choosing.

Hugs and love.

Professor G.

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