

Day 19

# *The Power of Giving*

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GET YOUR  
MONEY \$HIT  
TOGETHER  
30-Day Challenge





## Get Your Money \$hit Together Day 19 Activity

### The Power of Giving

Today in our lesson I shared the value of giving, as taught by Edwene Gaines in the book “The Four Spiritual Laws of Prosperity” Giving has been a powerful catalyst in my life, and I invite you to take a few moments here to determine where you may wish to give. If you follow the formula Edwene and I follow, then you give where you are inspired. Therefore, today’s prompts are designed to help you remember where you may have been inspired and to pay attention to where you are inspired in the future, so you can practice the giving part in real life!!! Happy learning, my friend. May you ever be inspired and may your gifts into the world be magnified infinitely.

#### Your Giving Plan:

1. What does giving mean to you?
2. In what ways do you currently practice giving?
3. How have you been inspired recently?
4. Look back at your cash flow plan. How much did you allot to give? Now, let’s take a look at where it will go.



**Make a list of all the things, people, places, causes, etc. that inspire you.**

Consider how you may wish to offer your monetary gift to these places of inspiration. What would that mean for you, to give in this way? Keep your list handy and add to it whoever you are inspired.

**Make a giving list.**

**Using the inspiration list you started above, make a list of the gifts you want to give and in what order. Make a game of this for yourself. See how quickly you can meet all your giving goals. See where you feel your gift will help inspire others. One by one, check off those gifts you committed to in this lesson and celebrate your new life as an INSPIRED GIVER.**

Great work! Now choose your focus and go BE it! You've got this!!!!



## **SET YOUR ENVIRONMENT FOR SUCCESS**

Prepare your space so you will not be interrupted. Use your favorite scents, sounds, and temperature so you will feel supported by your environment. Set a timer and write for an amount of time that feels good to you. I usually choose 27 minutes because I love that number. Don't feel compelled to answer everything in that time. Just write. You can set the timer as many times as you need to finish. At any time you feel tired or like you do not want to keep writing, take a break for now. Decide when you will return to writing, and keep that small promise to yourself when that time comes. That's it. You are ready to complete this activity. Enjoy!!

### **Trigger Warning**

Sometimes when you begin to imagine your dream life, you may find some blocks coming up that limit you from believing what you want is possible. For now, allow yourself to dream. Don't worry about "how." Funding your dream starts with opening to all possibility before we judge any options. Pretend that anything you can imagine is possible, and go all in imaging all the ways you could fund your dream. If you find you need support in this, reach out and our team will help direct you to the best support for your needs we know.

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## **Additional Resources**

When working through this lesson, you may wish to have a bit more on the subject.

I recommend chapter 12 of my book [“The Money Shot”](#) called “Diversify your income” for a longer read on this topic.

If you are looking for the specific strategies for increasing income, check out [“The Money Makeover”](#) a simple read with lots of value.

You may also check out Robert Allen’s book “Multiple Streams of Income” for even more.

[Download the worksheet here.](#)

For more support using the worksheets provided, you can check out the tutorial in our library.

<https://askprofessorg.com/library/>

To see some of the principles I follow for financial guidance, read

[Edwene Gaines “The Four Spiritual Laws of Prosperity”](#)

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## Tips for ways to complete this exercise

1. **Solo**—doing this alone and with plenty of space is preferred, at least in the first round. Spending time with yourself can offer you some deep insight into what you want when there is no one else to please with your choices. I recommend doing this solo as a first pass, and then getting into some activities you enjoy with people you love and see what else comes up for you that you didn't think of before. Maybe you discover you love roller blading and want to live where there is a place to go near you home. That would be a great wealth component to add.
2. **Partnered**—once you have given this some thought by yourself, you may wish to engage someone to share your vision with. For some, the vision is too delicate to share, and that is okay. Share it with your mirror. There is value in sharing what you want out loud and receiving support from those who listen. Be sure to set the stage for success, however. Choose someone who will support your vision and dreams, and not someone who will judge you or try to insert their idea of your dream. This is a listening exercise...and just maybe you can dive in together and do a bit of crazy dreaming together if you want to expand your ideas a bit.
3. **Group**—again, after some personal reflection, it can be powerful to bring your vision before a small group and receive love and support for what it is you are creating. Doing this exercise with a group holds the power to create collective energy for your dream life. Keep in mind, as with partners, it is critical that all members of the group are there to support only. This is your vision. Allowing a group to expand your ideas is awesome. Letting a group tell you what is best for you is not. Hold to your own feelings and decision about your dream as you step deeper into your wealthy life. You've got this!!!

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Remember to come share you insights, wins, questions, and breakthrough on Instagram and tag us @thegypsyprofessor using #moneychallenge so we can find you.

